**Sears-Kay 100k and Bartlett Lake 200k Support Plan**



Start time: 7:30

Start Location: King Coffee Roastery <https://goo.gl/maps/bxkVfiotVzJBUfTw6>

* The coffee shop opens at 7:00
* **START**: King Coffee (100k, 200k): Breakfast snacks at start: Coffee, Danish, bananas, water
	+ Mike
* **CP 2**: Sears-Kay Ruin (100k, 200k): 9:00-11:03. All climbing to that point. Expect 1st riders at 9:30 or so.
	+ Mike – Breakfast: Water, coffee, Frappuccino, bananas, cookies, pastry, burritos?, hash browns?, trail mix
* **CP 3**:
	+ Bartlett Lake (200k): Self supported
	+ Jack in the Box, Carefree Hwy & 23rd Ave (100k): Jenn – Snacks: water, PB pretzel bites, cookies, bananas, M&Ms, Fig bars, trail mix
* **CP 4:**
	+ Subway finish (100k): Mike – Lunch
	+ Minute Mart, I-17 & New River Rd (200k): Jenn – Snacks: water, PB pretzel bites, cookies, bananas, M&Ms, Fig bars, trail mix
* **CP 5:**
	+ Subway finish (200k): Mike – Lunch: Subway